



# Appendix 2

## Which expert?

1. **Child and adolescent psychiatrist:**
  - Wide range of training and expertise, in particular knowledge of child, parents and family functioning and needs.
  - Some have specific area of specialisation.
  - Should be of consultant or specialist registrar seniority.
2. **Forensic adolescent psychiatrist.** Very few, deal principally with adolescent offenders.
3. **Adult psychiatrist.** Limited child knowledge, experts in adult mental health status can say if parent meets adult needs not if can meet parenting needs.
4. **Child clinical psychologist.** Training in brain/cognitive functioning and assessments, varying areas of specialist knowledge.
5. **Adult clinical psychologist.** Same area of expertise for adults as child clinical psychologist has for children.
6. **Child psychotherapist.** Knowledge of child development expertise and therapy of child, able to identify child's needs in parenting terms.
7. **Educational psychologist.** Trained in child development and intellectual functioning.
8. **Family therapist.** Great understanding of how child and family interact and amenability to treatment.
9. **Paediatricians.** Specialist in physical childhood problems, some with particular expertise.
10. **Community paediatricians.** Specialist in management of chronic ill health in children and multi-disciplinary approach, particular expertise in child abuse and its assessment.

